



at Rosliston Forestry Centre



For Adults & Families



**Environmental Education Project:** 

Tel: 01283 535039 Email: rosliston@southderbyshire.gov.uk

Rosliston Forestry Centre, Burton Road, Rosliston, Swadlincote, Derbyshire DE12 8JX www.roslistonforestrycentre.co.uk

#### Welcome to the

## Environmental Education Project 2024 Event Programme

Weds 28 February, 6, 13, 20 & \*27 March

### **Saplings**

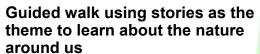
\*this session includes a Campfire

10.30-11.30am

Outdoor play for preschool children. Meet at the outdoor classroom.

£6 per child
Suitable for children aged 1-4 years
Booking recommended
Pay in the shop

# Fri 23 February Free guided wild storytelling walk! 10am-12noon





Contact: Rob Driver rob.driver@tcv.org.uk

t: 07483050767

#### 10-25 Feb

## Rosliston Forestry Centre Story Trail 10am-3pm daily

Pick up your trail sheet in the shop for a one mile book trail to find all the hidden books, win a woodland medal on completion. We have a book stand so every child can pick a book to take home with them.

Contact

enquiries@roslistonforestrycentre.co.uk

£3 per child (pay in the shop)

No booking required

Suitable for all ages



at Rosliston Forestry Centre



Sun 10 March
Swadlincote Festival of Words
at Rosliston Forestry Centre

### Wings of Wonder with Honeycraft Starts at 10am

Unleash your creativity, fly into the magical world of butterflies and moths, and create your own butterfly or moth wings from recycled paper

Free of charge
Drop-in activity available all day
No booking necessary

### Meet the Author Ig Oliver Starts at 11am

Entertained by Sindeena the wicked dragonfly witch, her twin sister Belliza as well as the mascot Bramley Bee, author Ig Oliver brings his story of 'The Butterfly Bee Lady and the Bee' to life at the Forestry Centre

**FREE** 

**Booking recommended** 

Stories of the National Forest With storyteller Pyn Stockman and musician Ann Jones 12noon,13.00 & 14.00

On the picnic area (weather permitting) Enjoy co-creating stories & songs in these interactive sessions.

**Free** 

### Meet the Author Fiona Spence Arnold Starts at 12pm

Reading her book, 'Rhamni Finds Her Wings' Fiona will enchant listeners on the adventures of Rhamni, a Brimstone butterfly, in the search for the elusive Ghost Orchid. Teaming up with Max, a Mint moth, the pair set off on a perilous adventure, facing danger at every turn

Finish this wonderful adventure with a quiz

Full programme and bookings at WWW.SWADLINCOTEFESTIVALOFWORDS.CO.UK

## Sun 10 March Wellbeing Workshops Delivered by trained wellbeing guides

### Forest Bathing 11am-12noon

A peaceful, guided activity walk in nature. Slow down, relax, improve sleep, increase focus and connect with nature.

£12 per person Suitable for adults and children over 12 Booking essential

### Think Like A Tree Walk 1-2pm

What can we learn from nature, to help ourselves and nature flourish? Introducing some ideas from the Think Like a Tree course/permaculture - helps us learn to work with nature to become more resilient, face challenges and celebrate successes.

£12 per person
Suitable for adults and children over 12
Booking essential

### Special well being offer for your wallet! Book both workshops for £20



**Example 2** Live more sustainably

**⇔** Be more focused

**©** Be healthier & relaxed

→ Achieve your goals

© Enjoy each day

Be creative



## Mon 11 March Wellbeing Workshops Delivered by trained wellbeing guides

### Forest Bathing 11am-12noon

A peaceful, guided activity walk in nature. Slow down, relax, improve sleep, increase focus and connect with nature.

£12 per person Suitable for adults and children over 12 Booking essential

### Think Like A Tree Walk 1-2pm

What can we learn from nature, to help ourselves and nature flourish? Introducing some ideas from the Think Like a Tree course/permaculture - helps us learn to work with nature to become more resilient, face challenges and celebrate successes.

£12 per person Suitable for adults and children over 12 Booking essential

Special well being offer for your wallet! Book both workshops for £20

For booking please contact: rosliston@southderbyshire.gov.uk

#### Mon 18 March

### Garden Obelisk Workshop

#### 10am-12noon

Willow is both useful and environmentally beneficial. Make your own garden obelisk to grow plants up using soaked Willow and Hazel stems led by our EEP Team.

£15.00 per person Suitable for adults and children over 12yrs Booking essential



Celebrate the coming of Spring by looking at some of the bygone celebration traditions as we walk around Rosliston Forestry Centre.

onservation

No booking required, meet outside the soft play

Suitable for all ages

Contact: Rob Driver rob.driver@tcv.org.uk

t: 07483050767

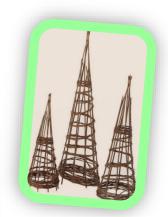


Pick up your trail sheet in the shop and use it to find all the hidden eggs around our beautiful site - win a medal on completion! Vote for your favourite decorated egg and a local school will win a prize.

#### Contact

enquiries@roslistonforestrycentre.co.uk £3 per child (pay in shop) Suitable for all ages No booking required





# Tues 2 April Wildlife Watch Eggs-pert craft 2-4pm

As we enjoy all things Easter, try your hand at making a natural nest for all those eggs! Look at examples of real birds nests then try your hand at making your own - no glue allowed!

£3 per child taking part Under 3yrs free Suitable for all ages Booking recommended

# Tues 9 April Wildlife Watch Eggs-ploring for minibeasts 2-4pm

It's not just birds and Easter Bunnies that lay eggs. Join the EEP Team on a guided walk to find what other creatures lay their eggs at Rosliston Forestry Centre. Take home a spotter sheet you can use again & again...

£3 per child taking part Under 3yrs free Suitable for all ages Booking recommended

Weds 17, 24 April & 1, 8, 15, 22\* May Saplings

\*this session includes a fire

10.30-11.30am

Outdoor play for preschool children. Meet at the outdoor classroom.

Pay in shop.

£6 per child Suitable for children aged 1-4 years Booking recommended Pay in the shop South Derbyshire

Reactwood

Heartwood

Community

Community

Community

Group

## Sat 27 April Science Discovery Fun Day 11am-3pm

Have fun with science! Have a go at simple experiments with the EEP team. Explore the properties and uses of natural materials... Includes Circularity Repair Cafe, Rosliston Astronomy Group, South Derbyshire and Ashby Woulds Amateur Radio Group and ARD Birds of Prev

FREE OF CHARGE
No booking required
Suitable for all ages
(some activities may incur a small charge)





### Sun 5 May Dawn Chorus Walk 4.30-6am

Guided walk with Birding for Beginners. Early risers will be able to enjoy the beautiful Rosliston Dawn Chorus, provided by our many resident bird species.

No booking required

Email: birdingfor@gmail.com for info Donations to support the volunteers feeding the birds at Rosliston gratefully received.

### 18 - 30 May

### **National Forest Walking Festival**

Lots of opportunities for guided and self led walks, trails and activities in the National Forest. Check social media for opportunities and events near you.

For more walking festival info email: tor.adams@southderbyshire.gov.uk

### Fri 17 May Wildlife Watch Moth Night 7.30pm-10.30pm approx

An exciting chance to find out all about moths. Live trapping and ID workshop Learn all about the species you find, and how to identify them!

£5 per person taking part

Suitable for families
Booking recommended





Environmental Education Project at Rosliston Forestry Centre





### Mon 20 May

### **Foraging at the Forestry Centre**

10am -12noon

Have a gentle walk around Rosliston Forestry Centre woodlands and meadows, foraging for seasonal leaves, fruit and seeds for eating & wellbeing.

£5 per person

Suitable for adults and children over 12yrs Booking essential

### 25 May - 2 June

## Rosliston Forestry Centre Space Trail

10am-3pm daily

Pick up your trail sheet in the shop for a one mile space themed trail to find all the hidden planets - win a medal on completion!

Contact:

enquiries@roslistonforestrycentre.co.uk £3 per child (pay in the shop) Suitable for families No booking required

Weds 5, 12, 19, 26 June 3, 10, 17\* July Saplings Nature Tots

\*this session includes a fire

10.30-11.30am

Outdoor play for preschool children. Meet at the outdoor classroom.

£6 per child

Suitable for children aged 1-4 years

Booking recommended Pay in the shop

For booking please contact: rosliston@southderbyshire.gov.uk

Tues 28 May, 30 July,13 August,27 August

Dragonfly Walk
11am-1pm approx

Join the EEP Team for a guided walk to spot adult dragonflies after they have emerged from the pond. Part of an exciting new project to help survey pond life at Rosliston Forestry Centre. Supported by the Linnean Learning Project.

Donation towards wildlife surveying welcome

Suitable for Children over 8yrs and Adults

No booking required

Walks will NOT take place if it is raining

Thurs 06 June
D Day Commemoration
Picnic
and Beacon Lighting

7-10pm site open for picnics 9.15pm beacon lighting

As the Nation remembers, join the Forestry Centre & EEP teams for a small public event. You are welcome to bring a picnic or 'fish, chips & mushy peas' and a battery lantern or lamp for the 'lamplight of peace' to turn on as we light the Beacon (please do not bring candles). No entertainment is planned and the café will not be open. See more on the national commemoration here: <a href="https://">https://</a>

www.d-day80beacons.co.uk
Free to attend

Suitable for all ages
No booking required

## Sat 22 & Sun 23 June Festival of Leisure 11.30am until 5pm

Join the EEP in Maurice Lea Park, Common Rd, Church Gresley, Swadlincote DE11 9NW for a weekend of entertainment, fun and activity including some activities led by the EEP Team.

No booking required Free to attend Entertainment for all ages

### Fri 26 July Nightwatch 7pm-10pm approx

Find out more about nocturnal creatures and the night sky with experts from our local groups. Walks, talks and displays throughout the evening about bats, badgers, moths and more...

E5 per person
Suitable for adults and children over 7yrs

## Tues 30 July Wildlife Watch Where do dragons live? 2-4pm

Join us for a guided walk to spot adult dragonflies after they have emerged from the pond followed by an hour of dragonfly themed craft

£3 per child Suitable for Families Booking recommended

#### Tues 6 August Wildlife Watch Dens & S'more 2-4pm

Fantastic family fun building dens in the woods, learn how to safely & sustainably light a campfire then cook the delicious treat of S'mores. All materials and equipment provided. Please advise of dietary requirements at the time of booking.

£5 per person (incl adults)
Booking essential
Suitable for all ages Under 3yrs free

### **Tues 13 August**

### Willow Weaving 2-4pm

Join us for an hour of weaving willow in our living sculpture hedge followed by making a dragonfly out of willow to take home.

£3 per child

No booking required Suitable for Families

### **Mon 19 August**

## PlayMobile with the Active Communities and Health Team 10am-12noon

Test your skill levels at giant games including Jenga, Snakes and Ladders, Connect Four and Chess. Take part in Art and Craft Activities, Space Hopper Races and many more free play opportunities or why not come and see how high you can jump on our Bouncy Castle which also has a small slide.

Age: Under 16's (under 8's must attend with a responsible adult).

No booking required

## Tues 20 August Wildlife Watch Dens & S'more 2-4pm

Fantastic family fun building dens in the woods, learn how to safely & sustainably light a campfire then cook the delicious treat of S'mores. All materials and equipment provided. Please advise of dietary requirements at the time of booking.

£5 per person (incl adults)
Booking essential
Suitable for all ages Under 3yrs free



### Weds 21 August 2-4pm

### SportMobile with the Active **Communities and Health Team** 10am-12noon

Have a go at a variety of sports as well as the giant inflatable Human Table Football Arena and Mountain Bike Challenge. Activities include: Athletics, Boccia, Football, Cricket, Rounders, Tennis, Rugby, Dodgeball

Age: Under 16's (under 8's must attend with a responsible adult). No booking required

### **Tues 27 August** Wildlife Watch Pond Dipping **11am-4pm**

Join us on site to see what creatures lurk beneath the waters of the lake.

All equipment provided.

**Pond Dipping session: 30mins** 

sessions 11 to 11:30 / 11:40 to 12:10 / 12:40-

13:10 / 13:20 to 13:50 / 14:00 to 14:30 /14:40

to 15:10/ 15:20-15:50

Book in advance or drop in. This session is very popular so booking is recommended. £3.00 per child taking part

### Mon 9 September **Natural Dyes Workshop** 10am-12noon

A gentle, guided walk around Rosliston Forestry Centre woodlands and meadows, finding plants that can be used to make natural dyes. Use your finds to create a unique tote bag to take home.

£10 per person **Booking essential** Suitable for adults & children over 7yrs

For booking please contact: rosliston@southderbyshire.gov.uk

### Sun 15 September **Wellbeing Workshops**

Delivered by trained well being guides

### **Forest Bathing** 11am-12noon

A peaceful guided activity walk in nature. Slow down, relax, improve sleep, increase focus and connect with nature.

£12 per person Suitable for adults and children over 12 **Booking essential** 

### Think Like A Tree Walk 1-2pm

What can we learn from nature, to help ourselves and nature flourish? Introducing some ideas from the Think Like a Tree course/ permaculture - helps us learn to work with nature to become more resilient, face challenges and celebrate successes.

£12 per person Suitable for adults and children over 12 **Booking essential** 

### Mon 16 September Wellbeing Workshops

Delivered by trained well being guides

### Forest Bathing 11am-12noon

A peaceful guided activity walk in nature. Slow down, relax, improve sleep, increase focus and connect with Nature.

£12 per person Suitable for adults and children over 12 **Booking essential** 

### Think Like A Tree Walk 1-2pm

What can we learn from nature, to help ourselves and nature flourish? Introducing some ideas from the Think Like a Tree course/ permaculture - helps us learn to work with nature to become more resilient, face challenges and celebrate successes.

£12 per person Suitable for adults and children over 12 **Booking essential** 

Special well being offer for your wallet! **Book both workshops for £20** 

Weds 11, 18, 25 September 2, 9, 16, 23\* Oct Saplings Nature Tots

\*this session includes a fire 10.30-11.30am

Outdoor play for preschool children. Meet at the outdoor classroom.

£6 per child Suitable for children aged 1-4 years Booking recommended Pay in the shop





Fri 20 September Guided Bat Walk 6.30pm-9.30pm approx

Meet at 18:30 at the Rosliston Forestry Centre for an opportunity to find out about bats- where they live, what they eat and how they find their way in the dark. Led by Derbyshire Bat Group.

Booking essential £5 per person Suitable for families Under 4yrs free

South Derbyshire
Radio
Respondence
Amateur Radio
Amateur Radio
Heartwood
Community
Community
Group

### Sat 19 October Science Discovery Fun Day 11am-3pm

Have fun with science! Have a go at simple experiments with the EEP team. Explore the wonder of flight by nature and by man..... Includes Circularity Repair Cafe, Rosliston Astronomy Group, South Derbyshire and Ashby Woulds Amateur Radio Group and ARD Birds of Prey

FREE OF CHARGE No booking required Suitable for all ages

(some activities may incur a small charge)

For booking please contact:
rosliston@southderbyshire.gov.uk





# Tues 29 October Wildlife Watch Pine Cone Baby Owls 2-4pm

Make an adorable baby owl from a simple pine cone with the EEP Team. Join us before or after you've completed the onsite Owl Trail or just drop into the workshop only.

£3 per child taking part
Suitable for all ages Under 3yrs free
Booking recommended



## Rosliston Forestry Centre Owl Trail

10am-3pm daily

Pick up your trail sheet in the shop and use it to find all the hidden owls around our beautiful site, win a medal on completion.
Contact:

enquiries@roslistonforestrycentre.co.uk £3 per child Suitable for all ages

Weds 6, 13, 20, 27 November 4, 11, 18\* December

\*this session includes a fire

**Saplings Nature Tots** 10.30-11.30am

Outdoor play for preschool children. Meet at the outdoor classroom.

Pay in shop.

£6 per child Suitable for children aged 1-4 years Pay in the shop



### Sat 23 November Christmas Wreath Workshop 10am-12noon or 1-3pm

Make a sustainable wreath from natural materials with the guidance of members of the EEP team.

Booking essential £20 per person Suitable for older young people & adults

### Mon 25 November Christmas Wreath Workshop 10am-12noon or 1-3pm

Make a sustainable wreath from natural materials with the guidance of members of the EEP team.

Booking essential. £20 per person Suitable for older young people & adults

Look out for details of the Rosliston
Forestry Centre Christmas Market &
Reindeer Trail on our website

Contact enquiries@roslistonforestrycentre.co.uk for details

For booking please contact: rosliston@southderbyshire.gov.uk

### **Volunteer at Rosliston Forestry Centre**

Improve your physical and mental health, enjoy healthy outdoor exercise and make new friends.

PLEASE EMAIL US BEFORE ATTENDING YOUR FIRST SESSION rosliston@southderbyshire.gov.uk

### **Drop In Gardening D.I.G**

#### **Every Monday afternoon 2-4pm**

Help us maintain the sensory, herb and wildlife gardens, improve your fitness levels and learn some basic gardening skills at the same time.

All sessions are free and we are grateful for your help.

No sessions on bank holidays or in snow Please bring your own gloves & drinks

**Activity supported by** 



### **Rosliston Rangers**

Every second & fourth Tuesday of the month 10:00am-3pm

Make a regular date or drop in as you please to help with site maintenance projects, tree

work, conservation and wildlife surveys.

Training provided.

Please bring your lunch, drinks & gloves



## **Corporate Environmental Packages At Rosliston Forestry Centre**

- \* Bespoke planning including opportunity to link activities to your team's objectives
  - \* A trained leader on the day
  - \* All paperwork including: project templates, welcome letter for

Participants & all risk assessments

- \* First aiders on site
- \* We can offer a wide variety of activities including campfire/shelterbuilding/Falconry/ GPS Quest/Forest Bathing/Think LikeA Tree/ TREC: The Rosliston Environmental Challenge/ Plan-It-Earth: Team Building Games and Activities and more...
- You will need to bring a sense of humour, sense of fun and suitable outdoor clothing for the weather (hats/coats/long trousers and closed-toe footwear), your own gloves, sunscreen & insect repellent!

Please email rosliston@southderbyshire.gov.uk for more information





















Contact 01283 228766 or visit www.southderbyshire.gov.uk/parklife

Regular events and activities for all to enjoy on our urban parks in Swadlincote including Eureka Park, Maurice Lea Park, Newhall Park Cadley Park and Swadlincote Woodlands.



Follow us on:

RoslistonEnvEd

### **Other Environmental Education Project activities**

Contact us for information and prices: rosliston@southderbyshire.gov.uk

- Drop In Gardening—Mondays 2-4 (not Bank Hols) FREE
- Rosliston Rangers—conservation volunteering (adults) 2nd/4th Tuesdays 10-3 FREE
  - School visits at Rosliston, Swadlincote, school grounds and elsewhere
    - Rooms to let at Rosliston
    - Family Trails at Rosliston DOWNLOAD FREE
    - Swadlincote Heritage Trail DOWNLOAD FREE
    - 'Forest Bathing' events
       Family workshops
      - Children's Parties Think Like A Tree;

Look out for public events or book a bespoke session for your group

For other events at Rosliston Forestry Centre, across the National Forest and beyond go to: www.roslistonforestrycentre.co.uk www.nationalforest.org

www.southderbyshire.gov.uk

For more information on Wildlife Watch look at: www.derbyshirewildlifetrust.org.uk or www.wildlifewatch.org.uk

If you require this information in large print or in another language please phone: 01283 595795 or email: customer.services@southderbyshire.gov.uk







Find us on: facebook

**Environmental Education Project** 

at Rosliston Forestry Centre