



South
Derbyshire
District Council

Active Communities & Health Team Newsletter

SPRING 2026





Active South Derbyshire

**SOUTH DERBYSHIRE
TALENT
ACADEMY**

2026

Active South Derbyshire

Supporting local athletes to achieve their full potential

Supported by:

everyone ACTIVE

✉ Active.SD@southderbyshire.gov.uk

☎ 01283 595873

We are incredibly proud to announce the **South Derbyshire Talent Academy 2026 cohort**, featuring an impressive **38 athletes** who have been accepted onto this year's programme. Representing sports at County, Regional, National, and International level, this diverse group reflects the **exceptional depth of sporting talent emerging** from across South Derbyshire.



Talent Academy Welcomes Outstanding 2026 Athletes

This year's cohort spans a wide variety of sports, showcasing athletes aged 11+ who are already excelling in their fields and demonstrating the **dedication, passion, and potential** needed to progress even further. We are delighted to continue our strong partnership with **Everyone Active**, working together to support and celebrate the development of sporting excellence within our district.

Through this partnership, all Talent Academy athletes receive a free Everyone Active membership, providing them with access to Everyone Active leisure centres nationwide. This ensures they have the spaces, facilities, and opportunities needed to train, recover, and thrive as they take the next steps in their sporting journeys.

To welcome the 2026 cohort, we recently hosted celebration events at both Green Bank Leisure Centre and Etwall Leisure Centre. These sessions allowed us to introduce the athletes to the programme, outline the benefits available, and ensure they feel part of the supportive Talent Academy community. Athletes also received their Talent Academy welcome packs, which included personalised Talent Academy t-shirts, Everyone Active gym bags and branded headphones for returners.

These gifts symbolise the beginning of an exciting year ahead, and the commitment we have to supporting each athlete's development.

We are incredibly excited to follow their progress and share their sporting success stories over the next 12 months. Keep an eye on our platforms as we celebrate their hard work, achievements, and the pride they bring to South Derbyshire.

Congratulations to all 38 athletes! We can't wait to see what you achieve in 2026!





Athlete	Sport	Athlete	Sport
Amelia Gay	Sailing	Archie Gee	Hockey
Astri Skinner	Tennis	Bella West	Swimming
Chloe Liddle	Football	Daisy Craig	Bike Trials
Dylan Mead	Cricket	Eddie Wileman	Football
Edie Brassington	ITF Taekwondo	Eleanor Fereday	Freestyle Ski
Ellie Glossop	Padel	Eryn Baldwin	Karate
Evan Allmark	Football	Hannah John	Swimming
Harry Craig	Bike Trials	Harry Thomas	Swimming
Henry Hemmings	Athletics	Huw Harding	Ski Racing
Isla Moran	Swimming	Jacob Clark	Rowing
Jessica Sangha	Golf	Joshua Bayley	Swimming
Kian Moran	Golf	Kieran Cubitt	Track Cycling
Kieran Lager	Boxing	Lewis Boyce	Athletics & Cross Country
Lincoln Shaw	Cross Country	Lucy Cadden	Swimming
Lucy Vincent	Netball	Megan Hector	Swimming
Megan Neave	Para-swimming	Millie Paxton	Swimming
Nick Lewis	Triathlon	Ollie Nettleton	Hockey
Phoebe Gay	Wind Surfing	Sean Sleight	Track Cycling
Theo Jones	Athletics & Cross Country	Thomas McClelland	Badminton



Celebrating a Year of Success for FNP Youth Group

This year, our FNP youth group has reached an incredible milestone - running for 50 out of 52 weeks of the financial year! Aside from a short and well-deserved Christmas break for our staff team, FNP has been there for young people almost every single week, offering consistency, community, and a safe place to belong. FNP, our weekly youth group for 11–16 year olds, runs every Tuesday evening from 7–9pm at Green Bank Leisure Centre. The session is open to all young people and provides a safe, youth-led environment where everyone can be themselves, try new things, and enjoy time with friends.

Activities continue to be shaped by the young people who attend, with regular favourites including: football, dodgeball, table tennis, badminton, table-top games, music, or simply spending time with friends in a supportive space.

Holiday Support Through HAF

We are proud to have enhanced our offer during the Easter and Summer holidays through the Holiday Activity and Food (HAF) programme. This support enabled us to provide free entry and food for all attendees, ensuring young people could continue to enjoy FNP at no cost during school breaks and helping families during the most financially pressured times of the year.

Part of a New Derbyshire Youth Pilot

We are also excited to be part of a new Local Youth Transformation Pilot, launched across Derbyshire by Derbyshire County Council in partnership with StreetGames. This innovative programme is designed to help rebuild and strengthen local youth sector capability.

A key focus of the pilot is developing the youth workforce — building confidence, skills and professional capacity among staff and volunteers who work with young people. Our team will be working closely within this programme to:

- Identify local needs across South Derbyshire
- Strengthen our youth offer and workforce
- Capture and amplify youth voice
- Contribute to a more sustainable and impactful youth sector

A Huge Thank You

We are incredibly proud of our consistency this year — and even more proud of the young people who make FNP such a vibrant, positive, and youth-driven space. Thank you to everyone who has attended, volunteered, supported, or partnered with us.

Here's to another year of impact, growth, and giving young people a place to thrive!



GET ACTIVE IN THE FOREST

Out & Active delivers Easter Fun!

This Easter, the Get Active in the Forest team delivered four fun-filled days of its Out & Active holiday club at Rosliston Forestry Centre, funded through the Holiday Activities and Food (HAF) programme, giving children the chance to explore the outdoors, stay active, and enjoy a wide range of engaging forest-based activities in a safe and welcoming environment.

Across the four days, we welcomed 90 children to the programme. Participants took part in nature-inspired experiences such as den building, creative crafts, archery, birds of prey and group games, all designed to encourage teamwork and confidence.

Each day also included a nutritious packed lunch provided to help keep energy levels up while they made the most of their time in the forest.

The programme was a clear success, with high attendance across all four days, children growing in confidence, forming new friendships, and many expressing a strong desire to return, alongside very positive feedback from parents about the supportive staff and the quality of activities on offer.





Adult Activity Brochure

Did you know that we produce an Adult Activity Brochure which details a whole host of activities you can get involved in across South Derbyshire?

Inside you'll find a wide variety of indoor and outdoor physical activities designed to support your health and wellbeing. Sessions are organised by day and time so you can quickly see which activities best fit your schedule.

Each activity is delivered by an independent contributor, so we encourage you to contact the session before attending.

The brochure is updated regularly, and you can find the latest edition here: <https://www.southderbyshire.gov.uk/our-services/things-to-do-and-places-to-visit/get-active/active-adults>

If you are interested in featuring your own session or contributing to a future edition of this brochure, please contact us at Active.SD@southderbyshire.gov.uk

National Forest Walking Festival

15th - 29th May 2026



THE NATIONAL
FOREST

The countdown is on! Join us 15th - 29th May as we celebrate the 17th edition of the annual National Forest Walking Festival!

Over 2 weeks there will be 80+ guided walks around the National Forest.

From Nordic Walking to historical guided walks, and gentle 30-minute strolls to 9 mile hikes, there is something for everyone!

Take a look at our brochure and see what activities interest you:

<https://www.southderbyshire.gov.uk/assets/attach/15792/NatForWalkFest-2026-final-draft.pdf>

We'll see you there!

- 📅 Friday 15th - Friday 29th May 2026
- 🕒 Various times
- 👤 Most walks are free but some have a charge - please consult the brochure
- 📄 Some walks require booking - please consult the brochure
- 📍 Various locations in the National Forest
- 📞 Various contact details for walk leaders - please consult the brochure

For more information, visit:

<https://www.visitsouthderbyshire.co.uk/place/swadlincote/the-national-forest-walking-festival/>

Thank you to all the groups and volunteers who plan and organise these walks.



THE NATIONAL FOREST WALKING FESTIVAL

15th-29th May 2026



Hicks Lodge



Walks for all, celebrating Art and
Culture within the National Forest.



THE NATIONAL
FOREST

www.thenationalforestwalkingfestival.org.uk

GET ACTIVE IN THE FOREST



WILLINGTON WALK

Join us for a **free**, weekly
afternoon **walk** around **Willington!**

Led by trained Walk Leaders, this 2-3 mile walk is ideal
for those wanting to stay **active** and **socialise** with a
welcoming group.

No booking required, assistance dogs only.

WEDNESDAYS 13:30 - 14:30

Meet at Canal car park DE65 6BP



For more information contact us at
Get.Active@southderbyshire.gov.uk or call
01283 595906



BUGGIES & BREWS



Fridays, April - November



10:00am - 11:00am



Meet in Rosliston Forestry
Centre car park, by the
log arch DE12 8JX



Join us for a free pushchair walk or a toddler walk every Friday
at Rosliston Forestry Centre.

A great opportunity to meet new people, get out in the fresh air,
and relax over a drink and chat in the café afterwards (optional).



For more information contact us at
Get.Active@southderbyshire.gov.uk
07977439309



Sturdy footwear recommended. Assistance dogs only.
Car parking: pay for 1hr, stay till 12pm

SEND Activities & Walks in Church Gresley

MAURICE LEA MEMORIAL PARK, DE11 9NW

SEND Teddy Trail (self-led) and colouring activity


 Thursday 2nd & Sunday 12th April

 Drop-in 10am - 12 noon


 Meet @ Bandstand

Join us for a free morning of a self-led Teddy Trail walk and colouring activity. These calm activities are ideal for children who are neurodiverse or have special educational needs. Everyone welcome. Why not bring your teddies and a picnic for lunch in the park afterwards.

Parents' walks

 Thursday 16th & Tuesday 21st April

 Meet at 6:15pm, walk up to 3 miles 6:30pm- 7:30pm

 Meet @ Bandstand

 Sturdy footwear recommended

This is a chance to meet other parents who are caring for children on the neurodiverse pathway and hear about other opportunities of support within the area.



No need to book, just turn up. Free. Assistance dogs only. For more information contact us at Get.Active@southderbyshire.gov.uk
07977439309










GET ACTIVE IN THE FOREST

MEASHAM WALKING GROUP

APRIL - JUNE 2026
WALKING PROGRAMME

Date	Walking route	Meet and Car parking
2 nd April	Donisthorpe Woodlands	Car park of Church St, Donisthorpe, DE12 7PY
9 th April	Snarestone	Nr The Globe, Main St, Snarestone, DE12 7BD
16 th April	Measham Library	Measham Library, DE12 7HR
23 rd April	The Spangs & Shortheath	Overseal Village Hall, DE12 6LU
30 th April	Willesley Woods	Thortit Pit, Ashby Rd, DE12 7QF
7 th May	Caulkley Wood	Mill Wheel, Hartshorne, DE11 7AS
14 th May	Netherseal - The Mease	Street Parking nr Village Hall, DE12 8DB
21 st May	Measham Library	Measham Library, DE12 7HR
28 th May	Sweepstone	Main St, Sweepstone, park nr Church LE67 2SA
4 th June	The Gresleys	Toons car park, DE11 9AA
11 th June	Calke Lime Yards	Ticknall Village Hall, DE73 7JX
18 th June	Measham Library	Measham Library, DE12 7HR
25 th June	Dunstall	Barton under Needwood, back of Co-op DE13 8AF

-  Thursdays @ 10:30am, around 90 - 120 mins
-  Refer to table above, walks 3-5 miles, paths may be rough & muddy and include styles
-  Those already active, wanting to improve wellbeing
-  Good walking footwear is essential, drink is advisable
-  All walks can be subject to change, check Measham Walking Group Facebook Page & Whatsapp
-  Free & no need to book
-  Frances: 07950 847737, Adrian: 07730 493963



For more information contact us at
Get.Active@southderbyshire.gov.uk or call **01283 595906**





**GET ACTIVE IN
THE FOREST**

Coronation Park

WEEKLY WALK

Join us for this weekly walk in and around Cadley and Coronation Parks. This walk is ideal for those who are already active but looking to increase their fitness.

When: Thursdays 10am - 11am

Where: Meet at Coronation Park car park, DE11 0UH (free parking)

Distance: Up to 3 miles

Cost: FREE!



for more information, contact us

✉ Get.Active@southderbyshire.gov.uk

☎ 01283 595906





A Fantastic Easter HAF Programme and a Busy Term Ahead

We've had a hugely successful Easter Holiday Activities and Food (HAF) programme, with fantastic engagement from children across the community. Over the eight days of delivery during the Easter period, we welcomed an average of around 70 children each day, providing them with a safe, active and enriching holiday experience.

Children took part in a wide range of activities designed to build confidence, skills and enjoyment. These included bike ride and learn2ride sessions, creative craft activities, and many other fun and engaging experiences that kept everyone active and smiling throughout the programme. It was great to see so many children trying something new, making friends and enjoying being active over the holidays.

Alongside this, our PE and School Sport programme continues to run at full speed, with our coaching team delivering weekly sessions in 12 schools. The coaches remain busy supporting high-quality PE and school sport across the area.

Looking ahead, we have an extremely busy period coming up, with school enrichment programmes underway and school sports days fast approaching. We're excited to continue supporting schools and young people with high-quality, engaging activity opportunities throughout the term.



Leisure Centre ‘Very Good’ ratings

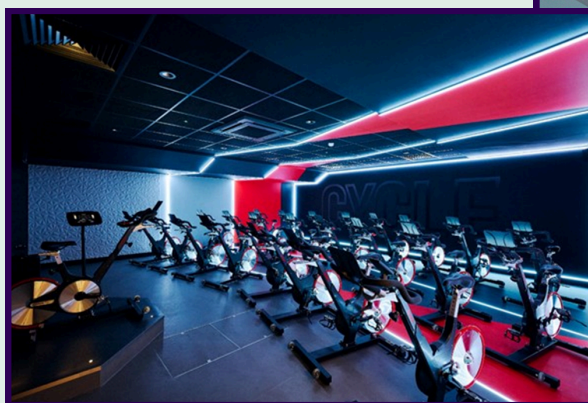
We’re really pleased to share some great news from our leisure centres. Both Green Bank and Etwall have recently completed their QUEST assessments, and both came away with a ‘Very Good’ rating.

QUEST is the UK’s leading quality scheme for leisure centres, looking at everything from customer experience to how well the centres are managed, so it’s a brilliant achievement to score so highly.

We’ve also seen footfall rise across both sites over the last two years, showing that more local residents are choosing to get active and make use of the facilities. It’s fantastic to see all this hard work recognised.

We want to say a big well-done to everyone at Green Bank and Etwall for the teamwork and positive attitude that have made these results possible. The teams have put real care into creating welcoming, well-run centres that people enjoy visiting, and the growing number of customers really reflects that.

We’re proud to work in partnership with Everyone Active and excited to keep this momentum going as we continue improving our leisure services for communities across South Derbyshire.



Making Swimming More Accessible at Green Bank Leisure Centre

We're delighted to share some great news from **Green Bank Leisure Centre!** Working in partnership with South Derbyshire District Council, and as part of their ongoing commitment to keeping physical activity inclusive, **Everyone Active** has a brand new pool hoist which is available for use.

The new hoist further enhances accessibility at the Swadlincote facility, helping more people enjoy the benefits of swimming in a safe and supported environment.

The pool hoist is available during every swimming session. If you require use of the hoist, simply let the reception team at Green Bank know on arrival and a member of their team will be happy to assist!

We're proud to continue investing in inclusive facilities in the district to support health and wellbeing.



Updates from Everyone Active



To celebrate YOU+ Movement month, Green Bank Leisure Centre and Etwall Leisure Centre are competing in an 8-hour cycle race raising funds for Breast Cancer Now: Friday 24th April 9am-5pm. Everyone is welcome to join in! The challenge bike will be in the reception/cafe area. 30 min or 15min slots available, call or visit reception to book your slot! Collection pots will be available on the day for donations or you can use the link below to donate via Just Giving:

<https://www.justgiving.com/page/8hourcycle>

Great news, Etwall!

All gym lockers at Etwall Leisure Centre are now fully repaired and back in working order.

We have also had a large number of the pool village lockers repaired (top two rows) to provide plenty of lockers for use in this area.

A big thank you to all our customers for your patience and support while we carried out these essential works — it's been hugely appreciated.

We look forward to seeing you in the centre soon enjoying your next visit!



**ARE YOU IN INSECURE EMPLOYMENT?
OR EVEN UNEMPLOYED?
WANT TO MEET NEW PEOPLE?
OR LOOKING TO GET ACTIVE?**

**ACTIVE
FUTURES**

FIVE WEEK SHIFT

**BOOST YOUR CONFIDENCE, WELLBEING AND
PHYSICAL ACTIVITY LEVELS**

**FIVE WEEK SHIFT IS A FREE, SUPPORTIVE PROGRAMME TO HELP
YOU MAKE POSITIVE CHANGES FOR YOUR MIND AND BODY.**

 **TUESDAYS 10:30AM - 2:30PM**

 **2ND JUNE - 30TH JUNE**

 **HATTON & HILTON**

 **TRANSPORT OFFERED**



**SCAN THE QR CODE AND
REGISTER YOUR INTEREST.**

THIS PROGRAMME INCLUDES:

- INSPIRATIONAL SPEAKERS
- SKILLS DEVELOPMENT
- MIND AND BODY CLASS
- TRY A NEW PHYSICAL ACTIVITY

FOR SOUTH DERBYSHIRE RESIDENTS ONLY